

Pupils are used to following rules at Primary School. A sudden increase in rules may however be apparent at Secondary School. Some pupils with ADHD may have difficulty adapting to changes in rules and may benefit from extra time to understand and remember any new school rules. Introducing Secondary School rules to pupils whilst they are still in Primary School provides this opportunity. 'Cool School Rules' is an activity that encourages children to create fun rules for an imaginative alien school.

Aims of activity

- To introduce pupils to rules in their new Secondary School.
- To open pupil-teacher discussion about why rules are important and appropriate versus inappropriate school behaviour.
- To help dispel any myths about unreasonable Secondary School rules.

Instructions for activity

- Provide pupils with the 'Cool School Rules' template.
- Pupils are first encouraged to create four cool rules for the new school on Planet ZooL and can make them as crazy as they like.
- Teachers may then like to open discussion about rules at the new Secondary School and why they are important.
- Pupils can then be encouraged to write down three of their new school rules and detail why they are important.

Adapting the activity

- Pupils could create fun and actual rules for individual lessons such as Science, Design and Technology & P.E.
- Pupils could create rules on how to make friends and deal with bullying.

Cool School Rules



Welcome to Planet ZooL!
There's a new school on Planet ZooL and they need a set of school rules.
Can you think of five rules to make it a really cool school?
We've given you one to start with.

1. All pupils must call teachers by their first names
2.
3.
4.
5.

Great work!
Now, can you tell me about three rules from your new school?
Why are they important?



1. is important
because.....
2. is important
because.....
3. is important
because.....