

Emotions match-It is a fun activity which helps the child to recognise and understand different emotions. The game can be used in a number of ways and is a useful game to play with the child before playing the Face- It game in KidsZone.

Aim of the activity

- To allow the child to practise recognising different facial expressions

Instructions for activity

- Print a copy of the following Match-it pages
- Cut out the squares along the dotted lines. This should leave you with ten cards with pictures of facial expressions and ten matching word cards. You may like to print on card or laminate the cards to make them last longer
- Shuffle the cards and lay them out face down in rows
- Pick a card from the face-down cards. Turn it face up so that everyone can see the card. Do the same with another card on the table
- The aim of the game is to find pairs of facial expression pictures and words. If you have revealed a match, remove the cards. You have now won a pair. The next player should now take a turn
- If you haven't found a match, turn the cards face down again and try to remember where they are. The next player should now take a turn
- Keep going until there are no more cards on the table. The winner is the player who has won the most pairs.

Adapting the activity

- If the child has particular difficulty recognising facial expressions, you may like to try talking about what different facial expressions look like. Try forming a facial expression whilst looking in the mirror. Encourage the child to look at how the different areas of your face look. Is your mouth turned upwards or downwards? Are your eyes open wide or are they narrowed? What position are your eyebrows in? After some practise, let the child look at the different match-it pictures before playing the full match-it game. You may then like to play face-it with the child to further practise recognising and understanding expressions
- You could talk with the child about when s/he or others feel like each of these emotions and what situations may make this happen
- You could take photos of children and adults making the different expressions and use the upload tool in adaptable downloads to make your own Match-it game.
- Print a few copies of match-it and try playing snap. You could match face-face or face-word

This is a downloadable printable from Move627.

For more activities and information for parents, schools and professionals please go to www.move627.org



angry

confused

embarrassed



excited

bored

sad



surprised

worried

proud





